

PERSONALITY ASSESSMENT + REFLECTION

PERSONALITY RESULTS

I. PERSONALITY TYPE: ENFJ

II. GENERAL DESCRIPTION [FOUND IN PERSONAL SUMMARY]

“ENFJs glow with **warmth** and **sympathy**; they are **creative** and **organized** when helping others achieve their personal goals. Because ENFJs focus their energy outwards, into people, their main concern in life is for the well-being of their friends. They make **compassionate** and **trustworthy friends**. ENFJs **understand people well**; they are interested in theories of human behavior and want to learn more. ENFJs are **natural organizers**, and when they see someone suffering, they want to help. They are the ones who roll up their sleeves and get involved. ENFJs value **harmony** and typically **bring out the best in others**. For this reason, they make popular leaders as well as faithful supporters. They are excellent communicators, especially in a public forum, and make superb professional speakers.”

- **DO YOU FEEL THAT THIS DESCRIPTION ACCURATELY DESCRIBES YOU? WHY OR WHY NOT? THE MAIN FACTOR THAT DESCRIBES ME THE MOST ACCURATELY IS THE DESIRE TO BE IN TUNE WITH OTHERS AND THEIR WELL-BEINGS. I WOULD CHARACTERIZE MYSELF AS SOMEONE WHO IS WARM, SYMPATHETIC, AND WELL-ORGANIZED. I ENJOY BALANCING TIME BETWEEN SCHOOL AND WITH OTHERS.**

III. SUMMARY OF CAREERS

“ENFJs value harmony and personal growth as ideals, so they prefer to work in settings that promote these ideals. Since they are outgoing and organized, ENFJs adapt easily to organizational policies and procedures - as long as the procedures are in line with the achievement of their idealized goals. ENFJs will enjoy work that formally encourages them to help people get along better and improve themselves. Careers often chosen by ENFJs include the **religious professions, health care, psychology, writing, fine arts, teaching (art, drama, and music)** and **counseling**.

Your personality is the combination of your distinctive individual qualities. When you understand these qualities, you will make good career decisions. By identifying your strength and talents, you will find work that will be satisfying in the long run where it counts.”

- **REACTION TO THIS DESCRIPTION? DO YOU FEEL IT ACCURATELY DESCRIBES YOU? I DO PICTURE MYSELF FITTING INTO MANY OF THE CAREERS LISTED ABOVE. WHILE EMST IS MY MAJOR, I AM ALSO PURSUING THE MUSIC BUSINESS CERTIFICATE (AND OF COURSE THE NEW MEDIA CERTIFICATE) AND LOVE TO WORK CREATIVELY IN TEAMS. CREATIVE EXPRESSION AND SUPPORT FROM OTHERS ARE ALSO FACTORS THAT I LOOK FOR IN A WORK ENVIRONMENT, AS I HOPE TO REFLECT THESE QUALITIES AS WELL.**

PERSONALITY RESULTS: TYPE FACTORS + WORK

I. E OR I

- **REACTION TO THIS DESCRIPTION? DO YOU FEEL IT ACCURATELY DESCRIBES YOU?** I RESONATE WITH THE DESCRIPTION FOR EXTRAVERSION TO AN EXTENT. IN HIGH SCHOOL, I WOULD RELATE MORE TO OUTWARD ATTENTION AND BEING TALKATIVE; HOWEVER, THE OLDER I BECOME, THE MORE I RECOGNIZE INTROVERT QUALITIES WITHIN MYSELF, SUCH AS DEEPER THINKING AND INWARD PROCESSING. NEVERTHELESS, I DO LOVE COMMUNICATING AND CONNECTING WITH OTHERS.

II. S OR N

- **REACTION TO THIS DESCRIPTION? DO YOU FEEL IT ACCURATELY DESCRIBES YOU?** I DO THINK INTUITION RELATES MORE TO ME THAN SENSING. I TEND TO LEARN INFORMATION AND CONNECT IT WITH PREVIOUS CONCEPTS TO BUILD ON MY PERSPECTIVE ON LIFE AND WHAT I DEFINE VARIOUS THINGS AS. AS A RESULT, MY CREATIVITY AND INNOVATION GROW FROM THESE DEVELOPMENTS.

III. T OR F

- **REACTION TO THIS DESCRIPTION? DO YOU FEEL IT ACCURATELY DESCRIBES YOU?** WHILE I WANT TO AVOID IRRATIONAL THINKING, I BELIEVE ULTIMATELY COME TO DECISIONS BY FEELING. MY MORALS AND PERSONAL VALUES ARE VERY IMPORTANT TO ME, AND ONE OF THE FIRST CONSIDERATIONS I HAVE TOWARD ANY DECISION IS HOW I WILL AFFECT OTHERS AROUND ME. I DWELL ON THE POTENTIAL CONSEQUENCES OF MY ACTIONS, GOOD AND BAD, PRIOR TO MAKING A DECISION AS WELL.

IV. J OR P

- **REACTION TO THIS DESCRIPTION? DO YOU FEEL IT ACCURATELY DESCRIBES YOU?** FOR DECISION-MAKING SITUATIONS, I THINK I AM MORE OF A JUDGING-TYPE THAN PERCEIVING. FOR INSTANCE, IF THERE IS ANY CONFLICT BETWEEN MYSELF AND ANOTHER PERSON, I WANT THERE TO BE CLEAR COMMUNICATION ON BOTH ENDS AND PRACTICAL STEPS TOWARD A SOLUTION. ON THE OTHER HAND, I AM AWARE THAT THERE IS ONLY SO MUCH I CAN CONTROL IN LIFE, AND I ENJOY GOING ON SPONTANEOUS TRIPS WITH FRIENDS EVERY NOW AND THEN.

PERSONALITY SUMMARY: GENERAL DESCRIPTION

- I. **DO YOU FEEL THAT YOU ARE A PART OF YOUR “GROUP”?**
“COMPASSIONATE INNOVATORS” IS THE GROUP I BELONG TO. I DO FEEL A PART OF THE GROUP BECAUSE I BELIEVE EVERY DECISION HAS A ROLE IN SHAPING PEOPLE’S FUTURE. THEREFORE, I SEE THE IMPORTANCE IN DECISION-MAKING TOWARD THE “BIG PICTURE” OF LIFE AND LOOKING AT THE MEANING OF INFORMATION.
- II. **SUMMARIZE YOUR MOTTO =** TO A HEART FULL OF COURAGE, ANYTHING IS POSSIBLE
- III. **WHAT DID YOU LEARN FROM YOUR MOTTO?** I LEARNED THAT THE MOTTO IS VERY IN TUNE WITH INWARD MOTIVES, DESIRES AND PASSIONS.
- IV. **DO YOU FEEL IT ACCURATELY DESCRIBES YOU?** I BELIEVE THIS ACCURATELY DESCRIBES ME. ONE OF THE DESCRIPTIONS STATES THAT THIS GROUP OF PEOPLE “ TEND TO TREAT EVERYONE INDIVIDUALLY; THEY VALUE MERCY.” LIFE IS TOUGH ON EVERYONE AT SOME POINT IN THEIR LIVES, AND I STRIVE TO EXTEND COMPASSION AND GRACE TO THOSE WHO EXPERIENCE DIFFERENT SEASONS OF CHALLENGES.

PERSONALITY RESULTS: CHANGE

REVIEW THE TRAITS ASSOCIATED WITH YOUR RESULTS AND THE TRAITS ASSOCIATED WITH THE OPPOSITION. ARMED WITH THIS SIDE-BY-SIDE KNOWLEDGE, DO YOU THINK YOUR RESULTS ARE ACCURATE? WOULD YOU MAKE A CHANGE – WHERE AND WHY? I THINK SOME OF MY RESULTS ARE ACCURATE. BETWEEN EXTRAVERSION AND INTROVERSION, I RESONATE WITH BOTH DEPENDING ON THE SOCIAL SITUATION. FOR INSTANCE, IF I AM IN A GROUP SETTING WHERE I AM COMFORTABLE WITH THE MAJORITY, I MAY EXPRESS MORE TRAITS OF AN EXTROVERT. ON THE OTHER HAND, I TEND TO SHOW MORE INTROVERT QUALITIES IN SITUATIONS WHERE I AM LESS FAMILIAR WITH PEOPLE. REGARDING INTUITION VS. SENSING, I BELIEVE I BALANCE THESE SIMULTANEOUSLY. I LOVE TO THINK PRACTICALLY AND REALISTICALLY FOR SPECIFIC GOALS, YET I TEND TO LET MY IMAGINATION RUN WILD AT TIMES WITH HYPOTHETICAL SITUATIONS.

PERSONALITY RESULTS: TYPE TABLE

- I. **IDENTIFY 2 OTHER TYPES THAT YOU FEEL YOU WOULD WORK WELL WITH. WHY?** INFP IS ONE TYPE I WOULD WORK WELL WITH. I ENJOY WORKING WITH OTHERS WHO EXPRESS SIMILAR PASSIONS AND MOTIVES, YET ARE MORE INTROVERTED. I FIND REST IN THE PRESENCE OF THOSE MORE INTROVERTED, AS IT GIVES ME ROOM TO THINK AND FOCUS ON DEEPER MATTERS THAN IF I WERE WITH ANOTHER EXTROVERT. ESTP IS ANOTHER TYPE I THINK WOULD COMPLIMENT ME. WHILE EXTROVERSION MAY BE THE ONLY SIMILAR TRAIT, I SEE THE BENEFIT OF WORKING WITH OTHERS WHO HAVE OPPOSING QUALITIES, LIKE “OPPOSITES ATTRACT.”

- II. IDENTIFY 2 TYPES THAT YOU FEEL YOU WOULD NOT WORK WELL WITH. WHY?** I'M NOT SURE IF I WOULD WORK AS WELL WITH **INTJs** AND **INTPs**. THOUGH I ENJOY COLLABORATIVE WORK AND COOPERATION WITH OTHERS, THESE PERSONALITY TYPES MAY PREFER INDEPENDENT WORK. I ALSO NOTICED A LACK OF EMOTIONAL DEPTH WITH THE DESCRIPTION OF THESE PERSONALITY TRAITS, WHICH MAY ALSO BE MORE DIFFICULT FOR ME TO CONNECT WITH THESE INDIVIDUALS.

INTEREST RESULTS

- I. WHAT ARE YOUR INTEREST RESULTS AND KEYWORDS? DO YOU FEEL THEY ACCURATELY DESCRIBE YOU? WHY OR WHY NOT?** MY INTERESTS REPORT SOCIAL/SUPPORTIVE, ARTISTIC/CREATIVITY, INVESTIGATIVE/CURIOSITY, ENTERPRISING/LEADERSHIP, REALISTIC/HANDS-ON, CONVENTIONAL/DETAILED (LISTED FROM GREATEST TO LEAST). I FEEL THAT THIS ACCURATELY DESCRIBES ME BECAUSE MY FAVORITE TYPE OF WORK INVOLVES WORKING WITH AND/OR HELPING OTHERS. CONVENTIONAL WORK, ON THE OTHER HAND, IS THE LEAST OF MY INTEREST.
- II. FOR EACH IDENTIFIED INTEREST, EVALUATE THE ASSOCIATED CAREER TRAITS. DO THEY ALIGN WITH THE CAREER YOU LISTED ABOVE? WHY OR WHY NOT? REFLECT ON THESE TRAITS, WHAT WAS EXPECTED? SURPRISING?** MY FAVORITE TYPE OF WORK IS WITH OTHERS, AND I BELIEVE MY NATURE PREFERS NON-COMPETITIVE ENVIRONMENTS WHERE THERE IS PROMOTION OF EQUALITY FOR EVERYONE. I VALUE BEING UNDERSTANDING AND HELPFUL ON THE JOB, WHICH IS ONE OF THE DESCRIPTIONS FOR SOCIAL WORKERS. ARTISTICALLY, I THOROUGHLY ENJOY ARTISTIC EXPRESSION AND THE ABILITY TO EXPRESS IT FREELY. ART IS UNIQUE AND ALLOWS ANYONE TO INTERPRET AND CREATE THEIR OWN WORK, WHICH IS VERY VALUABLE TO ME.
- III. CHECK OUT YOUR SUB-INTERESTS IN THE 3RD TAB. DO YOU FEEL THAT THESE ARE MORE ACCURATE THAN YOUR MAIN INTERESTS? WHY OR WHY NOT?** I THINK THE MAIN INTERESTS DESCRIBE ME MORE ACCURATELY; HOWEVER, I RESONATE A LOT WITH THE DESCRIPTION OF THE SUB-INTEREST OCCUPATIONS. FOR INSTANCE, PROVIDING SUPPORT, INFORMATION, AND HANDS-ON CARE TO PATIENTS/CUSTOMERS IS SOMETHING I STRIVE TO DO IN MY WORK. ARTISTICALLY, I WOULD LOVE TO FOCUS ON CREATION, ART, PERSONAL EXPRESSION, AND LEADING OTHERS TO BRING OUT THEIR BEST WORK.

VALUE RESULTS

- I. **WHAT ARE YOUR VALUE RESULTS? DO YOU FEEL THEY ACCURATELY DESCRIBE YOU? WHY OR WHY NOT? MY TOP THREE VALUES ARE SUPPORT, RELATIONSHIPS, AND ACHIEVEMENT. I FEEL THAT THESE THREE QUALITIES GO HAND-IN-HAND TO THE SUCCESS OF ANY COMPANY; WITHOUT ONE, THERE WOULD BE A LACK OF BALANCE. IT'S IMPORTANT TO SET GOALS TO ACHIEVE, BUT MAKING SURE THERE ARE OTHERS TO SUPPORT AND HAVE STRONG RELATIONSHIPS TO GUIDE YOU THROUGH.**
- II. **FOR EACH VALUE, EVALUATE THE ASSOCIATED OCCUPATIONS AND NEEDS. DO THEY ALIGN WITH YOUR PERSONAL PROFESSIONAL ASSUMPTIONS? YES; I RANKED THESE VALUES FROM WHAT BUILDS OFF OF ONE ANOTHER. IN ORDER TO REACH YOUR ACHIEVEMENTS, YOU WILL LIKELY NEED RELATIONSHIPS WITH OTHERS. IN ORDER TO BUILD RELATIONSHIPS, THERE NEEDS TO BE A BASE LEVEL OF SUPPORT AS THE PRIMARY FOUNDATION. THESE TRAITS COMPLIMENT ONE ANOTHER, AND CAN BE SEEN WITHIN ANY SUCCESSFUL, PROFESSIONAL FIELD.**